



# Breakfast at the RED FOX

## BREAKFAST CLASSICS

Served with home fried potatoes, hash browns, grits, oatmeal or sliced tomatoes, and toast.

- #1 One Egg any style .....\$2.95
- #2 One Egg any style  
with bacon, sausage or ham slices ...\$3.75
- #3 Two Eggs any style .....\$3.95
- #4 Two Eggs any style  
with bacon, sausage or ham slices ...\$4.75
- Add english muffin or bagel .....\$.40
- Add croissant .....\$.95

## PANCAKES & FRENCH TOAST

Add strawberries, blueberries, or bananas for seasonal price.

- #5 Two Pancakes .....\$4.50
- #6 Two Pancakes  
with bacon, sausage or ham slices ...\$5.75
- #7 Two Pancakes, two Eggs  
with bacon, sausage or ham slices ...\$6.75
- #8 French Toast w/powdered sugar ...\$4.95  
coconut dipped ...\$6.75
- #9 French Toast  
with bacon, sausage or ham slices ...\$5.75
- #10 French Toast, two Eggs  
with bacon, sausage or ham slices ...\$6.75
- Add multi-grain or raisin french toast ..\$1.00

## THREE EGG OMELETTES

Served with home fried potatoes, hash browns, grits, oatmeal or sliced tomatoes, and toast.

- #11 Cheese Omelette .....\$5.95
  - #12 Béchamel & Spinach .....\$6.95
  - #13 Western: ham, onions, green peppers ..\$6.95
  - #15 Ham & Cheese .....\$6.95
  - #17 Vegetable .....\$6.95
  - #18 Smoked Salmon & Onions ....\$8.50
  - #19 Spinach, Ham, Bacon & Swiss ..\$8.50
  - #21 Greek feta, tomato and spinach ..\$7.75
  - #22 Create your own .....\$7.75
- Choice of three: bacon, ham, turkey, sausage, peppers, onions, mushrooms, american cheese, swiss, cheddar, provolone, mozzarella, tomatoes, jalapeño peppers, broccoli, green olives
- Add Egg Beater's or egg whites .....\$.75
  - Add any extra topping .....\$.75
  - Add feta or blue cheese .....\$1.25
  - Add english muffin or bagel .....\$.40
  - Add croissant .....\$.95

## SANDWICHES & WRAPS

White, whole wheat, rye or honey wheat tortilla

- #23 One Egg with cheese .....\$3.25
- #24 One Egg  
with bacon, sausage or ham & cheese ..\$3.95
- #25 Two Eggs & Cheese .....\$4.25
- #26 Two Eggs  
with bacon, sausage or ham & cheese ..\$4.95
- #27 Western Wrap  
eggs, ham, onions, green peppers ...\$5.50

Add home fried potatoes, hash browns, grits, oatmeal or sliced tomatoes .....\$1.25

Add english muffin or bagel .....\$.40

Add croissant .....\$.95

## BREAKFAST HOUSE SPECIALTIES

Served with home fried potatoes, hash browns, grits, oatmeal or sliced tomatoes.

- Ham Steak & Eggs .....\$7.50
- Chopped Steak & Eggs .....\$8.25
- Corned Beef Hash & Eggs .....\$7.50
- Country Fried Steak & Eggs  
smothered in sausage gravy .....\$8.25
- All of the above served with toast, butter & jelly.  
Substitute bagel or english muffin .....\$.40
- Eggs Benedict .....\$8.25  
two poached eggs atop ham & english muffin, topped with Hollandaise sauce

Country Style Eggs Benedict .....\$8.25  
an open biscuit topped with sausage patty, poached eggs and topped with sausage gravy

Sunshine Stacker .....\$7.50  
hash browns, corn beef hash, 2 eggs any style, topped with your choice of cheese

Eggs Florentine .....\$7.95  
english muffin topped with sautéed spinach, tomato slices, poached eggs & mozzarella cheese

Fluffy Muffin .....\$7.75  
two scrambled eggs topped with bacon & melted cheese on english muffin

Biscuits, Sausage Gravy & Eggs .....\$7.25

Nova Platter .....\$8.95  
with sliced tomatoes, onions, lettuce, capers and choice of bagel and cream cheese

Egg White Scramble .....\$6.75  
with spinach, tomatoes or mushrooms

Yogurt & Granola Parfait .....\$3.50  
lowfat yogurt layered with healthy granola

Atkins It's Not .....\$8.25  
french toast, pancake, 2 eggs, bacon or ham slices or sausage & home fried potatoes, hash browns or grits

## Breakfast Specials

Monday - Friday, from 7 to 11 am, in-house only. (No substitutions)

The Early Riser .....\$3.75  
one egg, small juice or coffee and toast

All-American Breakfast .....\$6.25  
two eggs, bacon, home fried potatoes or grits, coffee and toast

## BREAKFAST SIDES

- Fresh Fruit (small/large) .....seasonal
- Fresh Fruit w/cottage cheese (small/large) seasonal
- Blueberry Muffin .....\$2.25
- Toast .....\$1.50
- Raisin Toast .....\$2.00
- Biscuits .....\$2.00
- Bagel or English Muffin .....\$2.00
- Add cream cheese or peanut butter .....\$.75
- Croissant .....\$2.25
- Sliced Tomatoes .....\$2.00
- Home Fried Potatoes .....\$2.00
- Grits or Oatmeal ...cup \$1.95 / bowl \$3.50
- Add raisins .....\$.75
- Assorted Cereals .....\$2.95
- Add strawberries or bananas .....seasonal
- Corned Beef Hash .....\$3.50
- Bacon, Sausage or Ham slices .....\$2.95
- One Egg .....\$1.50
- Sausage Gravy .....\$.75
- Sausage Gravy & Biscuits .....\$3.50
- Canadian Bacon .....\$3.95
- Meat Platter .....\$2.95  
2 bacon, 1 sausage patty & 1 sausage link

## BEVERAGES

- Coke, Diet Coke, Sprite .....\$1.50
- Coffee, Iced Tea, Hot Tea .....\$1.50
- Milk, Chocolate Milk ..sm \$1.75 /lrg \$2.50
- Juice: Orange, Grapefruit, Tomato, Apple  
.....sm \$1.75 /lrg \$2.50
- Bottled Water .....\$1.50

## Children's Breakfast Menu (under 12 years)

- Eggster one egg, bacon or sausage & toast .....\$2.75
- Silver \$ Pancakes with bacon or sausage .....\$2.75
- French Toast with bacon or sausage .....\$2.75



## Weekends at the RED FOX

- Omelette Specials
- French Toast Creations
- Homemade Belgian Waffles
- Gourmet Breakfast Wraps

Takeout  
Catering  
Private Parties



# Lunch at the RED FOX

## SALADS

Home-made Dressings: house (garlic vinaigrette), ranch, 1000 Island, blue cheese, caesar, honey mustard, oil & vinegar.

- Garden Salad .....\$6.25
- Side Garden Salad .....\$3.75
- Garden Salad w/scoop of our homemade salad choice of tuna, chicken or egg salad .....\$8.95
- Caesar Salad .....\$7.25
- Side Caesar Salad .....\$4.75
- Caesar Salad with Chicken .....\$9.95
- Caesar Salad with Fresh Catch ...\$10.95  
grilled or blackened
- Monterey Chicken Salad .....\$9.95  
mixed salad greens with chunks of grilled chicken, real bacon bits, tomatoes, cucumbers, green peppers, red onions and cheddar cheese & choice of dressing
- Greek Salad .....\$7.75  
mixed salad greens, red onions, green peppers, tomatoes and feta cheese in our own dressing
- Greek Salad with Chicken .....\$9.95
- Chef Salad .....\$9.95
- Triple Play .....\$9.95  
tuna, chicken and egg salad with cole slaw on top of salad greens, cucumbers, tomatoes, green peppers

## BURGERS & HOT DOGS

**Our burgers are fresh, never frozen.**

Served with lettuce, tomatoes, onion, pickles and french fries. (Substitute french fries with potato salad, coleslaw or chips at no charge)

- Half pound hamburger .....\$7.25
- Half pound cheeseburger .....\$7.75
- Lighthouse Point Burger .....\$8.95  
sauteed mushrooms and onions, melted cheese, bacon
- Patty Melt .....\$8.50  
8oz. ground beef served with cheese and sauteed onions on grilled rye bread
- Turkey Burger .....\$7.75
- Each additional topping .....\$.75  
sauteed mushrooms or onions, bacon, jalapeño peppers, cheese: swiss, american, provolone, mozzarella feta or blue cheese .....\$1.25
- Kosher Hot Dog (Hebrew National) .\$.5.25  
with sauerkraut and raw onions .....\$5.50

**Our Roast Beef & Turkey Breast are roasted on site.**

## SANDWICHES & WRAPS

Served with your choice of potato chips, french fries, cole slaw or potato salad

- Roast Beef .....\$8.25
- Turkey Breast .....\$7.50
- Hot Corned Beef .....\$7.50
- Black Forest Ham .....\$7.50
- Chicken or Tuna Salad .....\$7.50
- Egg Salad .....\$6.75
- Bacon, Lettuce & Tomato .....\$6.25
- Grilled Cheese .....\$5.00
  - w/ tomato .....\$5.50
  - w/ bacon .....\$6.25
  - w/ bacon & tomato .....\$6.50

Choice of bread: rye, white, whole wheat and honey wheat tortilla.

Substitute a hoagie roll or croissant ...\$.90

Add your choice of cheese: .....\$.75  
swiss, american, provolone or mozzarella

- Roast Beef Wrap .....\$8.75  
with portobello mushrooms, roasted red peppers, grilled onions and mozzarella cheese in a honey wheat wrap
- Chicken Caprese Wrap .....\$8.75  
grilled chicken breast topped with portobello mushrooms, grilled onions, roasted red peppers & mozzarella cheese in a honey wheat wrap
- Chicken Caesar Wrap .....\$8.50  
grilled chicken, romaine lettuce, parmesan cheese and bacon with our homemade dressing rolled in a honey wheat wrap
- Chicken, Artichoke & Spinach Wrap .\$.8.75  
grilled chicken with artichoke hearts, spinach and white american cheese in a honey wheat wrap

- Reuben Sandwich .....\$8.50  
hot corned beef, swiss, sauerkraut served on grilled rye with 1000 Island dressing on the side
- Turkey Reuben Sandwich .....\$8.50  
hot turkey, swiss, sauerkraut served on grilled rye with 1000 Island dressing on the side
- Fish Sandwich .....\$9.95  
catch of the day grilled or blackened on a roll with lettuce, tomato and onion
- Tuna or Chicken Melt .....\$8.50  
served on grilled rye with swiss cheese
- Turkey Bacon Melt .....\$8.75  
served on whole wheat with american cheese
- Super Chicken Croissant .....\$9.25  
grilled chicken breast, sliced ham, bacon & swiss cheese on croissant
- Grilled Chicken Breast Sandwich ...\$.8.50  
with lettuce, tomatoe & onion on a roll
- Cajun Chicken Sandwich (spicy) ....\$.8.50  
with lettuce, tomatoe & onion on a roll with spicy sauce on side
- Turkey or Roast Beef Club .....\$8.75  
traditional triple-decker sandwich with cheese, bacon, lettuce and tomato on your choice of bread
- Grilled Chicken Club .....\$8.95  
traditional triple-decker sandwich with cheese, bacon, lettuce and tomato on your choice of bread
- Philly Cheese Steak Sandwich .....\$8.50  
sauteéd roast beef, onions and mushrooms on a hoagie roll with melted cheese
- Chicken Philly Steak Sandwich ....\$.8.50  
sauteéd chicken, onions and mushrooms on a hoagie roll with melted cheese
- Veggie Sandwich .....\$8.50  
oven roasted portobello mushrooms marinated in balsamic vinaigrette, roasted red peppers, grilled onions and mozzarella cheese served warm on grilled multi-grain bread

Half Sandwich & Soup Combo with potato chips same price as sandwich.

Ask about our **DAILY LUNCH SPECIALS**

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.

*“Red Fox Diner, a Lighthouse Point tradition for over 40 years.”*



# Lunch at the RED FOX

## RED FOX SPECIALTIES

Served with mashed potatoes & gravy, french fries or brown rice, and mixed vegetables.  
Add soup or salad \$2.00

- Red Fox Chicken Breast .....\$8.95  
grilled and topped with barbeque sauce, cheddar cheese, bacon & tomatoes
- Grilled Chicken Breast .....\$8.75
- Cajun Chicken Breast .....\$8.75
- Hot Open Turkey or Roast Beef ....\$8.50
- Grilled Pork Chops .....\$9.50  
2 center cut pork chops
- Chopped Steak .....\$9.50  
smothered in grilled onions
- Country Fried Steak .....\$9.50  
topped with sausage gravy
- Topless Turkey Burger .....\$7.75  
grilled turkey burger (no bun)
- Roasted Turkey .....\$8.95  
sliced white meat turkey
- Fish of the Day .....\$8.95  
your choice of grilled or blackened

**Soup & Salad .....\$6.50**  
a cup of today's homemade soup and a side garden salad

## QUESADILLAS

- Chicken Quesadilla .....\$8.75  
grilled chicken, cheese, diced tomatoes and onions in a grilled honey wheat tortilla, served with sour cream and salsa
- Veggie Quesadilla .....\$7.95  
mixed grilled veggies and cheese in a grilled honey wheat tortilla, served with sour cream and salsa

## LUNCH SIDES

- Homemade Soup of the Day  
.....cup \$3.25 / bowl \$4.25
- French Fries ....\$2.50 / with gravy add \$.75
- Coles Slaw or Potato Salad .....\$1.50
- Mashed Potatoes with gravy .....\$2.50
- Mixed Vegetables .....\$2.50
- Macaroni and Cheese .....\$2.50
- Cottage Cheese .....sm \$1.75 / lrg \$2.95

## BEVERAGES

- Coke, Diet Coke, Sprite .....\$1.50
- Coffee, Iced Tea, Hot Tea .....\$1.50
- Milk, Chocolate Milk ..sm \$1.75 / lrg \$2.50
- Juice: Orange, Grapefruit, Tomato, Apple  
.....sm \$1.75 / lrg \$2.50
- Bottled Water .....\$1.50
- Perrier .....\$2.00

Ask about our  
**DAILY LUNCH  
SPECIALS**

We're open  
every day!

Takeout  
Catering  
Private Parties  
954-783-7714

**Gourmet Dessert of the Day \$2.95**



## Children's Lunch Menu (under 12 years)

- |                                        |                                         |
|----------------------------------------|-----------------------------------------|
| Hamburger & French Fries .....\$4.50   | Chicken Fingers & French Fries .\$.5.00 |
| Cheeseburger & French Fries ...\$5.00  | Pasta with Butter .....\$2.50           |
| Hot Dog & French Fries .....\$4.00     | Macaroni and Cheese .....\$2.95         |
| Grilled Cheese & French Fries ..\$4.00 |                                         |

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